

Self-Assessment: How Are Your Team Skills?

(Rate yourself on a scale of 0-3 on how often you exhibit the following characteristics and circle the best answer)

1. I see conflict as useful and necessary.

0	1	2	3	4
Never	Only when facilitated	Sometimes	Most of the time	Always

2. I am both work and relationship focused.

0	1	2	3	4
Never	Only when facilitated	Sometimes	Most of the time	Always

3. I listen to everyone on the team.

0	1	2	3	4
Never	Only when facilitated	Sometimes	Most of the time	Always

4. I am willing to put the Team's goals ahead of my own.

0	1	2	3	4
Never	Only when facilitated	Sometimes	Most of the time	Always

5. I understand, support and feel accountable for the Team's goals.

0	1	2	3	4
Never	Only when facilitated	Sometimes	Most of the time	Always

6. I trust other members of the team.

0	1	2	3	4
Never	Only when facilitated	Sometimes	Most of the time	Always

7. I communicate open and honestly.

0	1	2	3	4
Never	Only when facilitated	Sometimes	Most of the time	Always

8. I respect differences and value diversity.

0	1	2	3	4
Never	Only when facilitated	Sometimes	Most of the time	Always

9. I work to achieve consensus.

0	1	2	3	4
Never	Only when facilitated	Sometimes	Most of the time	Always

10. I appreciate and utilize the strengths of others

0	1	2	3	4
Never	Only when facilitated	Sometimes	Most of the time	Always